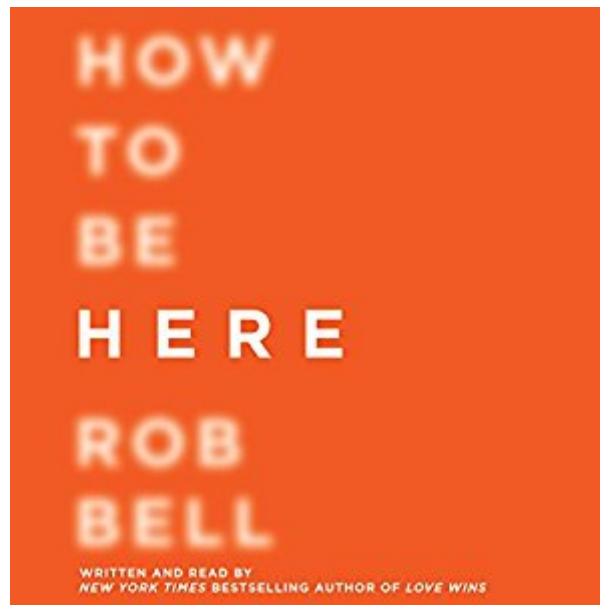


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# How To Be Here: A Guide To Creating A Life Worth Living



## Synopsis

The popular pastor and New York Times best-selling author of *Love Wins* and *What We Talk About When We Talk About God* shows us how to pursue and realize our dreams, live in the moment, and joyfully do the things that make us come alive. Each of us was created for something great - we just need to figure out what it is and find the courage to do it. Whether it's writing the next great American novel, starting a business, or joining a band, Rob Bell wants to help us make those dreams become reality. Our path is ours and ours alone to pursue, he reminds us, and in doing so we derive great joy because we are living our passions. *How to Be Here* lays out concrete steps we can use to define and follow our dreams, interweaving engaging stories, lessons from biblical figures, insights gleaned from Rob's personal experience, and practical advice. Rob gives you the support and insight you need to silence your critics, move from idea to action, take the first step, find joy in the work, persevere through hard times, and surrender to the outcome. Like Stephen Pressfield's classic *The War of Art*, *How to Be Here* will inspire listeners to seek the lives they were created to lead.

## Book Information

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## Customer Reviews

Literally, I just completed this book. I finished it in two sittings..as I read I thought to myself that it was a simple read. I also wondered where my aha moments would occur, if any.This book read like a narrative, just hanging with the author as he shared his story, which I was thoroughly enjoying ....similar to listening to his weekly podcasts.As we approached the last section it really grabbed my heart, took my breath and tied everything into place...I highly recommend this book. Thank you Rob

Bell for this.

If you've ever dreamed that you could do something, but have been afraid to try, this book is for you. If you play it safe instead of taking the big risk because of white-knuckled fear, this book is for you. If you want to start living a life that you create with intention, instead of falling out of bed only to fall back into it, this book is for you.

I pre-ordered this book like I have every Rob Bell book, expecting great writing, wisdom, thought-provoking stories, and finely-crafted paragraphs that popped in my mind like vibrant colours in a Monet masterpiece. I was disappointed. Yes, there were many profound insights, some well-written chapters and lots of practical application. But it wasn't the Rob I knew and loved as much as the reinvented West Coast Oprahfied version. I had been listening to the Robcast since it started and witnessed this transformation firsthand, yet thought that surely his writing would be deeper, more profound, asking all the right questions and resonating with the core of my being. It wasn't. Yet, it wasn't a write-off. I read the whole book in three sittings. I enjoyed the stories from Bell's life, the way he shared his evolution from Midwest Pastor to Californian Self-help Guru. It's been quite a journey. I appreciated the central theme of the book of self-awareness (I'm a long-time admirer of the philosophy behind numerous self-help apostles). I just wasn't expecting this type of book from Rob Bell. I loved *Velvet Elvis*, *Drops Like Stars*, and thought *Love Wins* was a pivotal book in the evolution of American Evangelical thought. I guess Rob is appealing to a wider, more secularised audience now. His style is simpler, easier to read, with the occasional quote-worthy paragraph. It's just not what I was expecting, nor what I was looking for. Who it IS for: those who haven't had a church upbringing, who appreciate and want to explore spirituality further, and who are looking for advice in how to live in the rat-race yet retain their sanity and the wonder at their amazing life. For you, *How to be Here* is definitely not a waste of money.

This book is incredible! I finished it in 2 days which has to be a record for me. I even rewound it to re-listen to some pieces because it was so good. I will definitely be going through this one again. It's all things I love: Christ, contemplative, creativity, mindfulness, and living the best life you can.

LOVE!

My marriage crashed. I left the ministry. I walked. Each day. For miles. At first I saw nothing. Then slowly the beauty of the world around me seeped in. Life returned. I finally was here, now. This book

captures so much about what I learned about life and myself during that time. Beautiful, elegant and brilliant.

It's an inspiring book, but kinda feels like a typical self-help religious thing. I love Rob Bell and all his books, but this one lacks the wow factor of many of his previous works. Maybe I was waiting for the "aha!" moment that never came. Still a solid work, just a little too Oprah & not as RobBellian as I would have hoped. I give it a hearty, 'meh'

I love how Rob seems to have mastered the ability to take these profound deep truths and condense them into a sentence that makes you say, "Ohhh, of course! Why didn't I think of that?" These are peppered throughout the book and definitely make it worth reading. On to the content of the book, I'm not really sure what I was expecting, and that's what I got. I had preordered the book in a time when I was wrestling with work life balance. Even when I was home I couldn't find a way to be working since the nature of my job involves a lot of creativity and complex thought. Rob's solution seems to be getting a closed head injury, which turned out to be tremendous advice. So what is the book about? Presence? Living life? Spirituality? Christianity? Creativity? Yes. It's about all those. It's a reminder that life is a gift that we've been given, and with it we can choose to partner with the Divine in the ongoing creation of the world. Pretty sweet. It's not deep, it's not heady, it's just full of truth and stories.

Maybe I was just in the right frame of mind when I saw Bell's new book. But the struggle of being present but never being 'here' plagues us all. This is an easy but very convicting look at our distracted lives and what it might look like to let go of regret, let tomorrow take care of itself, and just embrace now. Here. And it was just what I needed - thank you again Rob!

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